

BARASAT COLLEGE
SEM II
AECC (ENGLISH COMMUNICATION) TEST, 2021

Read the text and answer as directed:

Next to water, tea is the most commonly consumed beverage in the world. This is a good news because tea offers important health benefits. Its benefits were first discovered by the Chinese Emperor Shen Nung who declared that it gave one vigour of body, contentment of mind and determination of purpose. Today there is ample proof that tea in its many forms possesses a number of health benefits from supporting the immune system to reducing the risk of cancer, to helping prevent tooth decay.

What makes tea such a healthy drink? The star compounds are called catechins. Those are antioxidants that help prevent cell damage by harmful molecules called free radicals.

Tea can be black, green and red and is derived from a warm-weather evergreen tree known as *Camelia Sinensis*. The more processing tea leaves undergo, the darker they become. Green tea is the least processed tea. It is simply steamed quickly and offers the maximum healing powers because it isn't fermented. It also helps prevent tooth decay and aids weight loss.

Answer the following questions:

1. What is the scientific name of the tree plant? 1
2. Which type of tea is most useful for health- black tea, milk tea or green tea? 1
3. Benefits of tea were first discovered by..... 1
4. Tea turns out to be good for health due to the presence of.....
1
5. Point out the benefits of tea in brief. 3
6. Tea is the most commonly consumed beverage in the world.
Tea has important health benefits. (Join the sentences with 'which') 2
7. Find words in the passage that mean: 2
 - a. Drink
 - b. Strength
8. Write a letter to the Officer in Charge of the local police station informing him about the loss of your mobile phone and requesting him to take measures to recover the same. 9